

## Yoga Pretzels 50 Fun Yoga Activities For Kids Grownups

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### Yoga Pretzels 50 Fun Yoga

Yoga Pretzels: 50 Fun Yoga Activities for Kids and Grownups 50. by Tara Guber, Sophie Fatus (Illustrator), Leah Kalish, Baron Baptiste (Introduction) Hardcover \$ 13.99 \$14.99 Save 7% Current price is \$13.99, Original price is \$14.99. You Save 7%. Ship This Item — Qualifies for Free Shipping

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Practise bending, twisting, breathing, relaxing and more with Yoga Pretzels, a vibrant and colourful set of illustrated cards that provide a healthy dose of fun and education, while teaching all the yoga basics to help your head and heart.

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Yoga Pretzels: 50 Fun Yoga Activities for Kids & Grownups by: Tara Guber, Leah Kalish, Sophie Fatus (Illustrator), Baron Baptiste (Introduction) 4.49 - Rating details - 294 ratings - 5 reviews Whether you are seven or fifty-seven these informative and colourful cards are just what you need to learn all the yoga basics.

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All ages. Stretch your way to a fun and healthy lifestyle with each of the fifty yoga poses in this colorful deck. These cards include forward bends, back bends, partner poses, and balance poses. Includes 50 cards and a leaflet.

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Yoga Pretzels - 50 fun yoga cards for children DKK 229,00 The cards contain all the well-known yoga poses, yoga games for children, partner poses and exercises and affirmations.

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Title: Yoga Pretzels. Stretch your way to a fun and healthy lifestyle with each of the fifty yoga poses in this colourful deck. Written by Yoga Ed., these cards include forward bends, back bends, partner poses, and balance poses.

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Joining bestselling Mindful Kids and Yoga Pretzels, Global Kids expands the scope of Barefoot's innovative activity card decks by inviting children to participate in 50+ crafts, food, games, festivals and community service activities from around the world.

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