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Following her bestselling Made in India, Meera Sodha reveals a whole new side of Indian food that is fresh, delicious, and quick to make at home. These vegetable-based recipes are feel-good food and full of flavor. Indian cuisine is one of the most vibrant vegetable cuisines in the entire world, and in Fresh India Meera leads home cooks on a culinary journey through its many flavorful dishes ...

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Chestnut mushroom and walnut samosas (Masaruma akharota samose) (page 30) from Fresh India: 130 Quick, Easy and Delicious Vegetarian Recipes for Every Day. Fresh India. by Meera Sodha. Categories: Stuffing; Appetizers / starters; Snacks; Indian; Vegan; Vegetarian. Ingredients: walnuts; chestnut mushrooms; rapeseed oil; cumin seeds; nigella seeds; green finger chillies; ginger root; garlic.

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Fresh India: 130 Quick, Easy and Delicious Recipes for Every Day. Written by Meera Sodha. Published on 07 July 2016. Buy the book Amazon Waterstones Hive. Fresh India: 130 Quick, Easy and Delicious Recipes for Every Day The go-to guide for vegetarian Indian cooking 130 stunning recipes with a fresh and light feel ...

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Fresh India: 130 Quick, Easy and Delicious Vegetarian ...

I bought Made In India when it first came out and LOVED it. Literally every recipe I tried was fabulous. Being a vegetarian, I was over the moon when Fresh India came out and I was not disappointed. I love the way the book is organized and the 3 recipes I have tried thus far are winners.

Fresh India: Meera Sodha: 9780241200421: Amazon.com: Books

Buy Made in India: 130 Simple, Fresh and Flavourful Recipes from One Indian Family 01 by Sodha, Meera (ISBN: 8601404196553) from Amazon's Book Store. Everyday low prices and free delivery on eligible orders.

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This is the Gujarati way: creative, fresh and always vegetables first. From the author of the Top Ten Bestseller Made in India comes a new collection of 130 fresh, quick and simple vegetarian recipes full of the best flavours of Indian cooking. Following on from her bestselling Made in India, Meera Sodha reveals a whole new side of Indian food that is fresh, delicious and quick to make at home.

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Meera Sodha | 97% Indian Food

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