

Aloe Vera Natures Soothing Healer

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After a year of stay-at-home orders and living in a largely digital world with too few IRL (in-real-life) moments, Canadians are craving authenticity, nature and meaningful human interaction. This rea ...

Soothing grey-green represents healing, regrowth, resiliency amid pandemic

Knowing how to get rid of dandruff isn't just a case of buying a special shampoo and being done with it. An itchy, flaky scalp will affect many of us at some stage in our lives and can be caused by ...

How to get rid of dandruff: 6 expert-approved ways to prevent and treat a flaky scalp for good

Treat your skin with the best natural moisturisers from Superdrug, Feelunique, Holland and Barrett, Neal's Yard Remedies, Net A Porter and more ...

11 best natural moisturisers for your face: Organic, plant-based and chemical-free formulas to try

Over a third of Americans report getting sunburned each year. After boating at Bear Lake or hiking the "Y" this summer, you might be one of them — gingerly stepping into a cool shower before dousing ...

Health & Wellness: Natural skin remedies and the science behind them

A FRUSTRATED mum has finally soothed her son's painful eczema after months of flare ups and doctors visits. Tamara, from Northern Ireland, had "tried everything", including ...

Mum 'cures' baby boy's painful eczema instantly thanks to £12 'magic' moisturiser

Box breathing is a simple technique and an excellent introduction to breathing as a way to reduce stress and re-energise your body and mind ...

Natural health: I'm feeling rundown and finding it difficult to focus

Burj Al Arab's most expensive suite is a majestic atrium with gold-plated luxuries and worldly views. Photo Courtesy: Burj Al Arab I must admit that, for a while now, I have been intrigued by the tag ...

At Dubai's Burj Al Arab, the World's a Gilded Stage

While money certainly can't buy happiness, it's sometimes fun to imagine what it would be like if money wasn't an object. It seems like we're constantly bombarded with extravagant celebrity home tours ...

52 Cheap Things That'll Make You Feel Kinda Rich

Natural herbal skin healing product, Gotucream, continues to receive accolades from users across the globe for its versatility Gotucream has ...

Groundbreaking Herbal skin Healer Gotucream Enjoys Rave Reviews From Users

Baby Kingdom is a family-centered health and wellness brand that operates out of the U.K. The company creates luxury baby products that are hypoallergenic, vegan friendly, and above all, effective.

Baby Kingdom Uses Three Key Ingredients for Success

Life & Style has affiliate partnerships so we may receive compensation for some links to products and services. No matter where you look these days, there's another new product hitting the skincare ...

The Best Skin Care Products for 2021

Cosmo India spoke to Dr Barbara Strum—whose eponymous luxury skincare brand is a celebrity favourite—to learn the science behind achieving glowing skin.

Get Your Skin to Glow from the Inside Out

In 2020, color trends shifted to soothing blues, nature-inspired neutrals and soft, stress-reducing shades to encourage moments of Zen (something we all ...

Your Eyes Aren't Deceiving You—This Color Is Popping Up Everywhere (and Will Be Even Hotter in 2022)

Have you ever noticed that stores and online sites are filled with cheap beauty products that sound so perfect that you simply can't resist? Me too — which is why my bathroom cupboards, drawers, and ...

46 Cheap Beauty Products On Amazon You'll Get A Sh*t Ton Of Use Out Of

From psoriasis to dandruff and folliculitis (inflamed hair follicles), a host of health problems can affect the delicate skin covering the head. But will a medicated shampoo help?

Can these shampoos wash away your hair woes? They're claimed to help everything from hair loss to a flaky scalp, but are they all just froth, asks our expert

Our shopping editors sifted through Amazon's thousands of best-selling beauty products and hand-picked the ones we know you'll be blown away by.

Of The Best-Selling Beauty Products Under \$25, These 45 Are The Most Legit

I have been pretty much a hermit since eczema struck five months ago. How could I leave my house when my face undergoes some form of change every now and then? My hunt for a solution is as follows: I ...

Squalane restored my eczema-prone skin and saved my life: review

Liz Earle 2021 has just dropped their beauty advent calendar and we've got everything you need to know about it.

Beat you to the checkout: Liz Earle's 2021 Beauty Advent Calendar has dropped

MEGHAN MARKLE has the most expensive royal skincare routine beating Kate Middleton, according to new research by dermatologists.

Meghan Markle has most expensive royal skincare routine - 'isn't accessible for many'

The sight of black cats can be disconcerting especially if you tend to be superstitious. For many years, it's been believed to be a sign of bad luck when you come across a black cat. Unfortunately, ...

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